

Diversity Statement

CSTC is committed to recognizing and serving the needs of a culturally diverse population, including ethnic and sexual minorities and persons with disabilities.



Quality Care and Services

CSTC is committed to providing quality care and services. We continually monitor our practices and look for opportunities to improve. Any individual who wishes to provide feedback or concerns may contact Robin McIlvaine, Director of Quality Management at CSTC (253) 761-3353.

An individual may also contact the Joint Commission on Accreditation of Healthcare Organizations if you have a comment or complaint about the quality of care at Child Study & Treatment Center.

Joint Commission on Accreditation of Healthcare Organizations

Office of Quality Monitoring
One Renaissance Boulevard
Oakbrook Terrace, IL 60181
Phone: (800) 994-6610

Employment Opportunities

Child Study and Treatment Center (CSTC) in Lakewood is always looking to expand our team as well as caring and dedicated team members who has a passion for helping our children with mental health issues.

If you're interested in becoming part of our dynamic and diverse team, find your opportunity working for the state of Washington by visiting www.careers.wa.gov.

Positions Include:

- Psychiatric Child Care Counselors
- Licensed Nurse Practitioners
- Registered Nurses
- Psychologists
- Psychiatrists
- Social Workers
- Support Services (Cooks, custodians, etc.)



More Information

To learn more about the Child Study and Treatment Center and how our staff makes a difference in transforming lives visit us online at: www.dshs.wa.gov/bha/division-state-hospitals/child-study-and-treatment-center.

Child Study & Treatment Center



Making a Difference in the Lives of Children

Mission Statement

Working with children, families and communities to promote effective treatment, healing and growth in a safe and nurturing environment.

Child Study and Treatment Center (CSTC), located in Lakewood, WA is the only state-operated and funded psychiatric hospital for children and youth (ages 5 to 18). Accredited by The Joint Commission, CSTC has a total capacity of 47 beds divided among three age and developmentally-based cottages. Camano Cottage serves children ages 6 to 12, Ketrion Cottage serves youth up to 14 and Orcas Cottage serves the older youth up to their 18th birthday.

HOSPITAL PROGRAMS

Grounded by the therapeutic milieu, psychiatric treatment incorporates the most current evidence-based practices including cognitive behavioral therapy, trauma-focused CBT, DBT, skills development, family and recreational therapies. Clinical services include medication management and 24-hour nursing services. CSTC engages families, guardians and community supports in treatment and discharge planning so that children can successfully transition back to their family home, or community-based foster placement. CSTC is committed to culturally competent care for children with severe emotional disorders whose needs are often complicated by medical, social, legal and developmental issues.



EDUCATIONAL SERVICES

Elementary, middle and high school educational services are provided by the Clover Park School District (CPSD). The District provides certified teaching staff as well as classified staff for classroom support. CPSD coordinates educational planning with home school districts prior to admission and upon discharge. The school program uses the 12 Principles of Re-Education as the core value and philosophy when working with the students. The academic program consists of classes with a focus on reading, math, written language, and pro-social skills. Individual and/or specially designed instruction is used for all students. The school program is offered year round.

MEDICAL SERVICES

Some medical needs of patients are met by the physicians and nurses at CSTC. Some needs are met through contracted services with Western State Hospital or community physicians and hospitals. Laboratory, dental, radiology and pharmacy are examples of the contracted services with Western State Hospital.



PSYCHIATRIC AND CLINICAL SERVICES

CSTC contracts with the UW Department of Psychiatry for our Medical Director and an attending Psychiatrist on each cottage. Each patient is under the care of a physician who provides psychiatric services and supervises the treatment plan. Clinical services also include: medication monitoring, nursing services, 24-hour behavior management, Psychiatric Child Care Counselors and Licensed Nurses, behavioral programming, and a full range of psychotherapeutic services, which are provided by the clinical staff (Psychiatry, Psychology, and Social Work) and various trainees (Residents and Interns). Recreational Therapists also provide recreational therapy services regularly for all patients.

REFERRALS FOR INPATIENT SERVICES

The state contracts with the Children's Long-term Inpatient Program (CLIP) Administration to manage referrals to CSTC in coordination with the Local Behavioral Health Organizations (BHO). The CLIP Administration receives all voluntary and involuntary treatment referrals of children and adolescents throughout Washington. There are four CLIP programs: CSTC, Navos Residential, Pearl Street Center and Tamarack Center, with various numbers of CLIP beds at each facility (CSTC having 47 of the total 82 beds). These programs do not provide emergency services or placement. For *additional information contact the CLIP Administration at www.clipadministration.org*



FORENSIC SERVICES

Upon order of juvenile courts statewide, the CSTC Forensic Services conducts evaluations of competency to stand trial, mental state at the time of the offense, and/or risk for future dangerousness. These narrowly focused forensic mental health evaluations are typically conducted as outpatient evaluations. Youth found incompetent to stand trial may be court ordered inpatient at CSTC for restoration services. See Revised Code of Washington Chapter 10.77 for more detailed information.